



MAANGERE BRIDGE SCHOOL HEALTH EDUCATION CURRICULUM STATEMENT

Kia Ora Koutou, Talofa lava, Malo e lelei, Kia Orana, Fakaalofa lahi atu, Ni Sa Bula Vinaka, Namaste and Warm Pacific Greetings. As required by legislation the Maangere Bridge School Board is required to prepare a draft statement on the delivery of the health curriculum every two years. We have consulted with our community over the last 12 months through community hui and fono face to face 'kanohi ki te kanohi', online and through a community survey. The Board have adopted the following MBS Health Education Curriculum Statement.

Health Education at MBS reflects our school vision 'Aroha, Ako, Angitu' 'Together, We care, We learn, We Succeed!' and our core values 'Kotahitanga, Kaitiakitanga, Manaakitanga and Rangatiratanga'. Health Education at MBS is designed to develop students who are confident, resilient, grounded and connected to make health enhancing decisions for their well-being and who contribute to society.

It aligns with our Strategic Goal 1 - 'Wellbeing/Hauora' where we aim to enhance the wellbeing and hauora of all students, staff and whaanau. *Our success is for our students to enjoy school, have a sense of belonging and achieve their full potential.*

As a school community we will give effect to Te Tiriti principles in all decision making where Maaori language and bi-cultural heritage of Aotearoa New Zealand is significant and unique. We aim to ensure the concept of Hauora is reflected in all learning experiences in health and physical education. We will develop a localised curriculum with programmes within Maaori and other cultural contexts that are relevant to all students recognising and valuing cultural traditions, histories and languages of all New Zealanders.

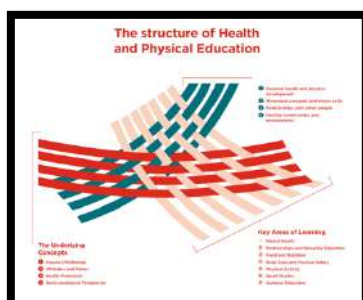
Health Education programmes at MBS will align with the New Zealand Curriculum 'Te Hauora me Te Akoranga Koiri – Health and Physical Education Document' which is being refreshed and Te Marautanga o Aotearoa redesigned.



Te Hauora me Te Akoranga Koiri. Strategic Goal – Wellbeing Health and Physical Education



Charter/Strategic Plan



What we will teach?

MBS will plan for and teach according to the Health Education Learning area structure that includes the integration of the four concepts *Hauora (Well Being)*, *Attitudes and Values*, *The Socio-Ecological Perspective* and *Health Promotion*, the four strands and their achievement objectives, and the seven key areas of learning.

Four Concepts

- *Hauora*
- *Attitudes and values*
- *The socio-ecological perspective*
- *Health Promotion*

Four Strands

- * *Personal health and physical development*
- * *Movement concepts and motor skills*
- * *Relationships with other people*
- * *Healthy communities and environments*

7 Key Learning areas:

- *Mental Health*
- *Relationships and Sexuality Education*
- *Food and Nutrition*
- *Body Care and Physical safety*
- *Physical activity*
- *Sports and Outdoor Education*
- *Outdoor education*

According to our school policy Maangere Bridge School is committed to delivering health and physical education programmes that apply best practice, comply with relevant guidelines and legislation, and appropriate for our school community. We support the positive and holistic development and health of our students.

Health and PE Curriculum

Health Programmes at MBS



Core School Values

- Maanakitanga
- Kotahitanga
- Kaitiakitanga
- Rangatiratanga

- Keeping ourselves safe
- Travel Wise - Road Safety and Walking School Bus
- Life Education Trust - Healthy Harold programme
- Puberty Talks Years 5 and 6
- Wellbeing Survey for students
- Online Cyber Safety
- Anti-bullying - Pink Shirt Day
- Seasons for Growth

We continue to deliver aspects of the Health Curriculum identified as highly important by our MBS Whaanau that include Nutrition, Personal Hygiene, Relationships, Regular fitness, Sports Skills and Education Outside the Classroom. School Camps and overnight trips/Noho Marae will be a focus for future planning.

Our community have shared differing views about RSE and as a school we acknowledge our whaanau's voice. The option for parents/caregivers and whaanau to withdraw their child from any aspect of the RSE can be completed in writing to the principal. The principal will ensure that the health education programmes are

implemented and evaluated effectively. The Board, the principal, other staff and the wider community all play essential parts in making decisions about RSE. Parents, caregivers and whanau will be provided with sufficient, relevant information from the school to enable them to make an informed decision about their children's participation in RSE.

Relationships and Sexuality Education - A Guide for Teachers, Leaders and Boards of Trustees – Years 1 – 8

RSE is a document to guide teachers, leaders and Boards of Trustees. Please refer to link for more information <https://hpe.tki.org.nz/assets/healthpe/pdfs/RSE+Guide+y1-8.pdf>

How it will be taught?

All Health Education programmes taught to students at MBS will be appropriate and made to meet their learning needs, relevant to their age and stage of development.

Health Education will be delivered to students by teachers and trained outside providers working alongside the school to provide professional development and support in order for effective teaching and learning as well as communicating and consulting with our whaanau, parents and caregivers about the teaching of Health programmes. Our staff will refer to Health and Physical Education Online, which provides Ministry curriculum focused policy.

We will provide all students in Years 1 - 6 with the appropriate tools, resources and knowledge to support and develop an understanding of their wellbeing, other people's wellbeing and the wellbeing of society within a safe and supportive environment.

Consultation with MBS Whaanau, Parents and Caregivers

It is important to highlight the Community Consultation for our whaanau involved the following: In 2022 Term 3 A Community Hui was held, Term 3 A Pasifika Hui specifically for our Pacific island families Term 4 An online Hui. In 2024 Term 2 A Community Hui for all MBS Maaori Whaanau, parents and caregivers and finally in Term 2 A digital Community survey

